

MENU ALMOÇO EXECUTIVO

08/08 a 13/08

| | PT |
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| ENTRADAS | <ul style="list-style-type: none">• Sopa do Campo• Folhado de legumes com molho balsâmico e crumble de miso |
| SEGUNDA | <ul style="list-style-type: none">• Bacalhau confitado com couscous e juliana de legumes• Panadinhos de peru com arroz de tomate e ervas da provença• Tempura de cogumelos com arroz de tomate e ervas da provença |
| TERÇA | <ul style="list-style-type: none">• Dourada ao limão e orégãos com cremoso de couve flor e ratatouille• Secretos de porco com açorda de espargos verdes• Tofu fumado com cremoso de couve flor e ratatouille |
| QUARTA | <ul style="list-style-type: none">• Robalo em escabeche com puré de coentros• Bife à Portuguesa com cebolada e batata à rodela• Seitanas em escabeche com puré de coentros |
| QUINTA | <ul style="list-style-type: none">• Salmão braseado com quinoa tricolor e couve roxa salteada em balsâmico• Entremeada com batata rústica e legumes assados• Beringela salteada com tomate cherry confitado batata rodela e pak choi |
| SEXTA | <ul style="list-style-type: none">• Arroz do Mar• Bifinhos de novilho com batata doce assada e ervilha de quebrar• Estufado de grão e legumes com batata doce assada |
| SÁBADO | <ul style="list-style-type: none">• Filetes de pescada com lentilhas e amêndoa tostada• Almôndegas em panko e penne ao pomodoro• Guisado de lentilhas e amêndoa tostada |
| SOBREMESAS | <ul style="list-style-type: none">• Crumble de fruta com gelado de baunilha• Seleção de Fruta Lamidada |

EXECUTIVE LUNCH MENU

08/08 a 13/08

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| STARTERS | <ul style="list-style-type: none"> • Country Soup • Vegetable puff pastry with balsamic sauce and miso crumble |
| MONDAY | <ul style="list-style-type: none"> • Confit codfish with couscous and julienne vegetables • Breaded turkey with tomato rice and provence herbs • Mushroom tempura with tomato rice and provence herbs |
| TUESDAY | <ul style="list-style-type: none"> • Golden bream with lemon and oregano with creamy cauliflower and ratatouille • Pork slices with green asparagus açorda • Smoked tofu with creamy cauliflower and ratatouille |
| WEDNESDAY | <ul style="list-style-type: none"> • Sea bass in escabeche with coriander puree • Portuguese Style Steak with onion stew and sliced potatoes • Seitanas in escabeche with coriander puree |
| THURSDAY | <ul style="list-style-type: none"> • Braised salmon with tricolor quinoa and red cabbage sautéed in balsamic • Pork belly with rustic potatoes and roasted vegetables • Sautéed eggplant with confit cherry tomatoes, sliced potatoes and pak choi |
| FRIDAY | <ul style="list-style-type: none"> • Sea rice • Beef steaks with roasted sweet potato and snap peas • Stewed chickpeas and vegetables with roasted sweet potatoes |
| SATURDAY | <ul style="list-style-type: none"> • Hake fillets with lentils and toasted almonds • Meatballs in panko and penne with pomodoro • Lentil stew and toasted almonds |
| DESSERTS | <ul style="list-style-type: none"> • Fruit Crumble with Vanilla Ice Cream • Selection of sliced fruit |